VEGETARIAN DISHES

MIXED VEG MAKHNI R105.00
Mixed Veg cooked in butter & Tomato gravy

NAVRATNA KORMA (Chef's Special) R115.00
Mixed veg cooked in a creamy cashew nut gravy with dry fruits

ALOO MATTER GOBI R105.00
Potato, peas, and cauliflower cooked with onion, tomato, ginger, garlic and indian spices

ALOO JEERA R95.00
Dish made with potatoes, spices and herbs, sauteed with Jeera (cumin) seeds

PANEER - COTTAGE CHEESE

PANEER MAKHNI R120.00
Indian cottage cheese cooked in butter & tomato gravy

PANEER PALAK R120.00
Indian cottage cheese cooked in a spinach gravy with garlic, cumin & a touch of cream

PANEER TIKKA MASALA R120.00
Indian cottage cheese barbequed in a clay oven & folded into a special tomato sauce

KADHAI PANEER R120.00
Pieces of Indian cottage cheese & green peppers sauteed with onions, tomato, ginger & spices

SAHI PANEER R120.00
Indian cottage cheese cooked in cashew nut gravy

PANEER BUTTER MASALA R120.00
Creamy tomato cashew nut gravy with soft paneer cubes, finished with butter & spices.

BIRYANI

A Biryani where marinated meat & Basmati Rice are layered and cooked on Dum and served with Raita

LAMB BIRYANI R192.00
CHICKEN BIRYANI R150.00
VEGETABLE BIRYANI R1125.00
FISH BIRYANI R195.00
PRAWN BIRYANI R190.00

DAL-RAJMA-CHOLE

DAL MAKHNI R110.00
Black lentils cooked in slow fire with fresh herbs

DAL TADAKA R98.00
Yellow lentils cooked with garlic & cumin seeds

RAJMA MASALA R98.00
Red kidney beans cooked in masala gravy

CHANA MASALA R98.00
Chickpease cooked with a masala of onion, tomato & ginger

SUGAR BEAN CURRY R95.00
Beans cooked in a masala gravy.

DESSERTS

GULAB JAMUN (2PCS) R40.00
Golden sponge cakes in a rich syrup

KHEER (Indian rice pudding) R45.00
Basmati rice in thick milk with almonds and raisins topped with pistachios

SOJI R40.00
Semolina pudding

RAS MALAI R48.00
Ras Malai is a dumpling dish made with cottage cheese soaked in thick sweetened milk delicately flavored with cardamon

INDIAN BREADS

PLAIN NAAN R22.00
Flat leavened bread baked in Tandoori oven

BUTTER NAAN R30.00
Naan bread brushed with butter

GARLIC NAAN R30.00
Naan bread flavoured with garlic and butter

ROGANI NAAN R30.00
Naan with sesame seeds

PESHAWARI NAAN R33.00
A special naan stuffed with nuts & dried fruits. Baked in a clay oven

ROTI (wholewheat Indian Atta) R16.00
Wholewheat bread cooked in a Tandoori oven

ROOMALI ROTI R25.00
Thin soft bread cooked over in Kadhai

THAVA ROTI R16.00
Flat bread cooked on Thava

LACCHA PARATHA R28.00
Brown bread made in layers brushed with ghee

PUDINA PARATHA R28.00
Wheat bread with fresh mint

ALOO PARATHA R45.00
Aloo (potato) stuffed parathas

GOBI PARATHA R50.00
Gobi (cauliflower) stuffed parathas

Taste Of Punjab
Indian Restaurant

TAKE AWAY

THE COURTYARD ILLOVO
(Illovo Post Office Centre)
Rudd Road, Illovo

Cell: 060 524 1039
Cell: 072 180 9689

PLEASE NOTE
Our Kitchen Uses Nuts.

STARTERS

ONION BHAJIYA R65.00
A spicy Indian fried onion snack

CHICKEN 65 R80.00
Deep fried - marinated spicy chicken

CHILLI CHICKEN R95.00
Marinated chicken - deep fried & toasted with pepper, onion & soya sauce

CHILLI PANEER R95.00
Marinated, deep fried cottage cheese, with toasted pepper, onions and soya sauce

SAMOOSA CHAAT R60.00
Samoosas - topped with chickpeas, green & tamarind chutney with chilled yogurt.

SAMOOSA

CHICKEN	R55.00
LAMB	R66.00
CHEESE & CORN	R60.00
PUNJABI VEG	R55.00

ACCOMPANIMENTS

BOONDI RAITA R35.00
Chickpeas Balls in yoghurt with Indian spices

CUCUMBER RAITA R35.00
Homemade yoghurt with freshly sliced cucumber

PLAIN BASMATI RICE R30.00

BUNNY CHOW / ROTI ROLL

CHICKEN	R115.00
LAMB	R140.00
MIXED VEGETABLES	R105.00
BEANS	R 95.00
PANEER	R120.00

CHICKEN DISHES

PUNJABI CHICKEN CURRY - CHEF'S SPECIALITY R125.00
Chicken on the bone cooked with potato in a home style gravy

CHICKEN CURRY BONELESS R140.00
Boneless chicken cooked in tomato, onion, garlic, ginger in a yellow gravy

CHICKEN KADHAI R153.00
Boneless chicken cooked with fresh tomato onion ginger, garlic & whole spices

CHICKEN VINDALOO R153.00
Tender lamb cooked in a goan style curry with garlic, chilli, vinegar and all spices

BUTTER CHICKEN (All time favourite) R158.00
Boneless Tandoori chicken cooked in a rich creamy tomato gravy

CHICKEN KORMA R158.00
Mild chicken curry cooked in a cashew nut gravy

CHICKEN TIKKA MASALA R158.00
Tendered Chicken barbequed in a clay oven & folded into a special tomato gravy

CHICKEN SAAG R153.00
Chicken cooked in a spinach gravy with garlic cumin & a touch of cream

SEAFOOD DISHES

FISH CURRY R185.00
Kingklip cooked in a curry consisting of coconut, curry leaves, garlic, ginger & freshly ground red chilli

FISH TIKKA MASALA R190.00
Fish Tikka barbequed in a clay oven & folded into a special tomato sauce

PRAWN CURRY R195.00
Cooked in an onion & tomato gravy with fresh cumin seeds

PRAWN VINDALOO R195.00
Spicy hot dish from Goa made with coconut vinegar and freshly ground red chilli

PRAWN KORMA R195.00
Mild prawn curry cooked in a cashew nut gravy

PRAWN CHICKEN CURRY R180.00
A super special combo of prawns & chicken cooked in a tomato gravy with mixed spices, ginger & coriander

LAMB DISHES

PUNJABI LAMB CURRY - CHEF'S SPECIALITY R16500
Slow cooked Lamb on the bone in a home style gravy

LAMB CURRY BONELESS R190.00
Boneless Lamb cooked in tomato, onion, garlic, ginger in a homestyle gravy

LAMB VINDALOO R192.00
Tender lamb cooked in a goan style curry with garlic, chilli, vinegar and all spices

LAMB ROGAN JOSH R193.00
Lamb cooked with Indian spices & yoghurt in a brown onion gravy

LAMB KADHAI R192.00
Lamb cooked with fresh tomato, onion, ginger, garlic & whole spices

SAHI LAMB KORMA R195.00
Mild lamb curry cooked in cashew nut gravy

LAMB SAAG R195.00
slow cooked lamb in a creamy spinach masala, finished with roasted spices

LAMB CHOPS MASALA R200.00
Grilled Lamb Chops cooked in masala gravy

ROYAL GOAT CURRY ★NEW★ R180.00
High in protein, low in fat and cooked to perfection

FROM TANDOOR

CHICKEN TIKKA R90.00
Boneless Chicken - Marinated in cheese & yoghurt. Grilled in Tandoor

CHICKEN MALAI TIKKA R90.00
Boneless Chicken, blended with cheese & yoghurt. Grilled in Tandoor

FISH TIKKA R165.00
Kinglip marinated with garlic,ginger & spices grilled in Tandoor

PANEER TIKKA R85.00
Homemade Indian cottage cheese - Grilled in Tandoor

TANDOORI LAMB CHOPS R160.00
Marinated overnight in traditional Tandoor spices. Grilled in Tandoor

TANDOORI CHICKEN COMBOS

Traditional Indian method of cooking where food is marinated in spice & yogurt, then cooked at a high temperature inside a clay oven called TANDOOR.

1/4 CHICKEN COMBOS

Choose Leg or Breast

1/4 Chicken + Naan	R55
1/4 Chicken + Chips	R55
1/4 Chicken + Rice	R55
1/4 Chicken + Naan + Chips + Coke (440ml)	R80

1/2 CHICKEN COMBOS

Grilled with a choice of Regular or Hot

1/2 Chicken + Naan	R89
1/2 Chicken + Chips	R89
1/2 Chicken + Rice	R89
1/2 Chicken + Naan + Chips + Coke (440ml)	R110

FULL CHICKEN COMBO

Grilled with a choice of Regular or Hot

Full Chicken Only	R145
Full Chicken + 2 Naans + Large Chips	R175
Full Chicken + 2 Naans + Large Chips + 2 Cokes (440ml)	R210

ADD-ONS & EXTRAS

Chips	R20
Coke - 440ml	R16
Mint Sauce	R10